# Improve the Health of Washingtonians

# Phase I Products for the 2007-09 Budget Development Process and Leadership Team Feedback

Products developed by the results teams were reviewed by members of the Governor's GMAP Leadership team including Fred Olsen, Deputy Chief of Staff, Victor Moore, Director, Office of Financial Management, Laurie Dolan, Director, Governor's Policy Office, and Larisa Benson, Director, Office of Management, Accountability and Performance. Their feedback is listed immediately below. This feedback is followed by the products the Result Team submitted for review:

### Causal Factor Map

o <u>Assignment to the team</u>: Update the team's "causal map" or illustration of the key factors that affect the achievement of the result.

## Recommended Strategies and Proposed Indicators

Assignment to the team: In the past, teams have identified the high-level strategies the state should pursue to maximize results. Propose revisions to these strategies if needed. In looking at the causal map, research and evidence on proven strategies, and your assessment of performance progress to date, what are the most important strategies the state should pursue to maximize the results to citizens? Also, identify key indicators the team believes would provide the best evidence to the citizen about the success of these strategies.

#### Recommended Budget Focus Areas

Assignment to the team: Submit a list of three to five recommended budget focus areas for this result area. In particular, we are looking for ideas with promise for improving results in this result area or reducing the cost of high-value, but high cost activities. OFM will issue targeted budget instructions to agencies in February 2006, asking for budget and legislative proposals that address some or all of these recommendations. These proposals will be available to teams for the prioritization work next fall.

### **Leadership Team Feedback**

We like the addition of "delivery system values" to the strategy map; they call out key influences on access to health care. Should affordability for consumers and purchases be listed here as well?

- The strategy indicators are a good start, but should include more of the indicators we already have available and are using for GMAP and other purposes. Other observations and suggestions:
  - We would like to add indicators around the "delivery service value" noted on the causal factor map. For example, how does access vary by geography? By type of service? Can we track the percentage of doctors providing health care under Medicaid?

- The increase healthy behaviors strategy lists two indicators related to obesity and smoking. In GMAP and other forums we have heard that these are two of the top five most influential behavioral factors related to health outcomes. We would like to see strategy indicators for the other three factors.
- Are we currently tracking the reduction in net health care costs as a result of establishing a Health Management Coordinator? This may be more appropriate as an activity measure for the Health Care Authority.
- o Is there a benefit in tracking information about the percentage of employers providing health care coverage or about employer health insurance cost trends?
- O It would be interesting to see a logic model on the strategy "Mitigate Environmental Hazards" to help us better understand at what point in the chain the state has the greatest leverage to affect the outcome. It seems possible that tracking progress on strategies by county as well as statewide would be valuable.
- The indicator for the substance abuse strategy is an output measure. We would prefer to see an outcome measure that gauges the success of the prevention and treatment strategy.

# Proposed Budget Focus Areas

The budget focus areas are stated too broadly provide to provide direction to agencies. For example, the Governor in a recent announcement spoke about an emphasis in improving outcomes in the area of chronic disease management and increasing healthy behaviors. A description of the work targeted in these areas this year would be more helpful than the description, "Propose approaches to improve the health of Washington residents." We will work with the team to describe more specific areas of focus.

#### **Causal Factor Map** ~ Improve the Health of Washingtonians Mental health & substance abuse care Congenital Age and Emergency & genetic care gender factors Race/ ethnicity Provide access to appropriate<sup>1</sup> Specialty Socio -**ID** and mitigate health care economic risk factors status Chronic/long term care Preventive Primary care Occupation care Maximize the belivery system value **HEALTH of** Exposure to Quality providers Washingtonians Exposure to • Evidence-based practices hazardous hazardous conditions • Information technology infrastructure materials • Reasonable geographic distribution Exposure to Performance-sensitive markets communicable Information transparency diseases Mitigate Self-protect Increase healthy Seek environmental from accident behaviors appropriate and injury hazards care

Reduce

substance

abuse

Reduce

obesity

Healthy

sexual

behavior

Reduce

Adequate water

Safe

water

Adequate

food

Safe

food

Healthy diet Healthy Exercise Use Exercise U <sup>1</sup> "Appropriate" means evidence-based, quality, and cost-beneficial care when applied to the design, treatment and delivery of health services.

# Improve the Health of Washingtonians Strategies and Proposed Indicators

Result	Indicators	
Improve the health of Washingtonians	• Average years of healthy life remaining at age 20	
	• Infant mortality	

Key Strategies	Indicators	
Mitigate environmental hazards	Disease rates caused by unsanitary conditions* Percent of Group A public water systems in compliance with coliform monitoring requirements	
Increase healthy behaviors	Rate of tobacco use Rate of increase in levels of obesity	
Provide access to appropriate health care	Insurance coverage Unmet health care need	
Identify and mitigate health risk factors	Number of population-based health screening programs that lead to interventions	
Provide drug and alcohol abuse prevention and treatment services	• Increase treatment services for aged, blind, disabled, and other Medicaid eligible adults to 42 percent of demand	

<sup>\*</sup> Diseases caused by unsanitary conditions that are measured and reported for this purpose includes: Rate of E. coli 0157:H7 infection; etc.

# Improve the Health of Washingtonians

# 2006 Recommended Budget Focus Areas

Result	Description of Proposed Focus Area	Affected Agencies	Suggested Lead Agency
Health	Propose approaches to reduce state's health care cost trend to no more than the State of Washington's revenue trend.	HCA, DSHS, L&I,	НСА
Health	Propose approaches to improve the quality and cost- efficiency of health care services	HCA, DSHS, L&I, DOH	HCA & DSHS
Health	Propose approaches to improve the health of Washington residents.	DOH, DSHS, HCA, L&I	DOH
Health	Propose approaches to increase the number of insured Washington residents by improving the affordability of health care.	DSHS, HCA	DSHS